



Monday LUNCH/DINNER

BANANA LEAF WRAPPED SEABASS lemon rice

MASALA UTTAPAM fermented rice pancake with masala mash, coconut chutney and lentil sambhar

AUBERGINE TASTING stir-fried baby aubergine, seared aubergine steak aubergine chutney (vg)

KADHAI SPICED PANEER onion and peppers (v)

OLD DELHI STYLE BUTTER CHICKEN CURRY

LUCKNOW STYLE CHICKEN BIRYANI burhani raita

(v) VEGETARIAN (VG) VEGAN (n) CONTAINS NUTS - Full allergen guide available.

#CINNAMONKITCHEN

CINNAMON-KITCHEN.COM

@THECINNAMONCOLLECTION

## BRITISH ISLES

| REGION          | CITY or TOWN    | INGREDIENTS |           | GEOGRAPHY            |
|-----------------|-----------------|-------------|-----------|----------------------|
| Kent            | GILLINGHAM      | Asparagus   | Coriander | Fertile Farmland     |
| South Yorkshire | BARNSELY        | Lamb        |           | Wooded Rolling Hills |
| Cumbria         | ALVERSTON       | Beef        | Mutton    | Rough Grassland      |
| Aberdeenshire   | BALMORAL ESTATE | Venison     |           | Forested Highland    |
| Shetland        | BURRAVOE        | Mussels     |           | Exposed Bays         |
| Suffolk         | NACTON          | Kale        |           | Marshy Farmland      |
| Lincolnshire    | BOSTON          | Cauliflower | Broccoli  | Rolling Farmland     |
| Norfolk         | SHROPHAM        | Chicken     |           | Fertile Farmland     |
| Buckinghamshire | CHALFONT        | Yoghurt     |           | Chiltern Hills       |
| Leicestershire  | COALVILLE       | Paneer      |           | Wooded Pasture       |

## INDIA

| REGION            | CITY or TOWN                      | INGREDIENTS                   |                    | GEOGRAPHY  |
|-------------------|-----------------------------------|-------------------------------|--------------------|--|
| Karnataka         | KOORG                             | Cardamom                      | Long Pepper        | Forested Hills   |
| Rajasthan         | RAMGANJ MANDI                     | Coriander                     | Chickpeas          | Dry Farmland   |
| Gujurat           | UNJHA                             | Cumin                         |                    | Rolling Farmland   |
| Uttar Pradesh     | BALLIA                            | Mustard                       | Mango              | Fertile Plains   |
| Kerala            | MUNNAR<br>THRISSUR                | Cinnamon<br>Nutmeg            | Coconut            | Rolling Tea Plantations<br>Backwaters                                |
| Andhra Pradesh    | GUNTUR                            | Kashmir Chilli                |                    | Wooded Pasture   |
| Jammu             | KAREWA                            | Saffron                       |                    | Forested Mountains   |
| Tamil Nadu        | TIRUNELVELI<br>COIMBATORE<br>OOTY | Cloves<br>Curry Leaves<br>Tea | Cinnamon<br>Coffee | Rolling Forest<br>Marshy Palm Plantations<br>Rolling Tea Plantations |
| West Bengal       | TOOR                              | Lentils                       |                    | Fertile Plains   |
| Arunachal Pradesh | ITANAGAR                          | Star Anise                    |                    | Forested Hills   |
| Odisha            | GANJAM                            | Turmeric                      |                    | Marshy Farmland  |
| Goa               | MANGALORE                         | Breadfruit                    | Kokum              | Lush Rolling Hills   |
| Madhya Pradesh    | CHHINDWARA                        | Tamarind                      | Maize              | Dry Farmland   |